

Glendale College
Course Outline of Record Report
 03/19/2026

LLS26 : The Simple Life

General Information

Author:	<ul style="list-style-type: none"> Jane Dilucchio Perner, Kimberli Shamieh, Rosemarie
Course Code (CB01) :	LLS26
Course Title (CB02) :	The Simple Life
Department:	LLS
Proposal Start:	Summer 2026
TOP Code (CB03) :	(4999.00) Other Interdisciplinary Studies
CIP Code:	(30.9999) Multi-/Interdisciplinary Studies, Other.
SAM Code (CB09) :	E - Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000652031
Curriculum Committee Approval Date:	02/25/2026
Board of Trustees Approval Date:	01/21/2025
Last Cyclical Review Date:	11/27/2024
Course Description and Course Note:	LLS 26 encourages socialization and personal development. Students will discuss various philosophical ideologies supporting the simple life, including how our belief system may affect our personal, social and cultural aspects of life. Lecture 10-32 hours. Note: This is a course designed for the older adult. Note: This course is open-entry/open-exit and is Pass/No Pass only.
Justification:	Content Change
Academic Career:	<ul style="list-style-type: none"> Noncredit
Mode of Delivery:	<ul style="list-style-type: none"> In-Person Remote Hybrid
Author:	No value
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"> Older Adults:-Non-Credit
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Pass / No-Pass Only

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Not transferable

Transferability Status

Not transferable

Units and Hours

Summary

Minimum Credit Units (CB07)	0
Maximum Credit Units (CB06)	0
Total Course In-Class (Contact) Hours	10 - 32
Total Course Out-of-Class Hours	0 - 0
Total Student Learning Hours	10 - 32

Credit / Non-Credit Options

Course Type (CB04)

Non-Credit

Noncredit Course Category (CB22)

Courses for Older Adults.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Non-Enhanced Funding.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	10 - 32	0
Laboratory Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	54
Course In-Class (Contact) Hours	

Studio Hours	0	0	Lecture	10 - 32
			Laboratory	0
			Studio	0
			Total	10 - 32
Course Out-of-Class Hours				
			Lecture	0
			Laboratory	0
			Studio	0
			Total	0

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

No Value

Entry Standards

Entry Standards	Description
No value	No value

Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

Requisite Validation**Upload Statistical Validation and/or other documents (if necessary)**

No Value

Specifications**Methods of Instruction**

Methods of Instruction	Lecture
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Methods of Instruction	Multimedia
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Methods of Instruction	Discussion
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Out of Class Assignments

N/A

Methods of Evaluation**Description of Activity/Interaction**

Activity (answering journal prompt, group activity)

Participation is activities and discussions

Evaluation

Self-evaluation and reflection

Textbook Rationale

N/A

Textbooks

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)**Description**

Handouts including instructor-generated information and related articles/excerpts from books with copyright permission.

Author

No value

Citation No value

Online Resource(s) No value

Learning Outcomes

Course Objectives

Discuss part of the history or background of a particular philosophical ideology.

Identify one way ideology may impact an aspect of one's life.

SLOs

Describe how ideology may impact one's personal and social life.

Expected Outcome Performance: 70.0

LLS Demonstrate understanding and application of sociological concepts in four subject areas as they relate to their daily lives and current events:
Core philosophy, ethics, history, film.
PLOs

ILOs Practice ethical and responsible behavior within personal, academic, professional, social, and societal contexts; recognize and welcome diverse lifestyle
Core choices that promote physical, intellectual, psychological, and social well-being.
ILOs

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Philosophies embedded in "The Simple Life" concept (2-8 hours)

- Background and history of the ideology
- Exploration of various cultural perspectives

Applications of the ideology (8-24 hours)

- Overview and discussion of the "Simple Life" in maturity
- Personal
- Social
- Environmental/Cultural

Total hours: 10-32

Additional Information

Repeatability

Repeatable

Justification (if repeatable was chosen above)

Non-credit courses

Is it possible this course will have a material fee?

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No

What term(s) will this course be offered?

Fall/Winter/Spring/Summer

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value