

# Glendale College

## Course Outline of Record Report

Course ID 000239  
Cyclical Review - May 2025

### PARED51 : Fathering Skills

#### General Information

Author:	<ul style="list-style-type: none"> <li>Barbara Flynn</li> <li>Perner, Kimberli</li> <li>Dilucchio, Jane</li> </ul>
Course Code (CB01) :	PARED51
Course Title (CB02) :	Fathering Skills
Department:	PARED
Proposal Start:	Winter 2026
TOP Code (CB03) :	(1305.60) Parenting and Family Education
CIP Code:	(19.0707) Family and Community Services.
SAM Code (CB09) :	D - Possibly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000657811
Curriculum Committee Approval Date:	05/28/2025
Board of Trustees Approval Date:	07/08/2025
Last Cyclical Review Date:	05/28/2025
Course Description and Course Note:	PARED 51 focuses study on the father's role in providing care for children from birth through the kindergarten years. Students gain a basic knowledge of developmental theories, the physical, cognitive, social, and emotional stages of development, effective communication, behavior management, and positive guidance. Fathers attend class with one or more children of the designated age. Lecture 12-32 hours. Note: This course is Pass/No Pass only.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"> <li>Noncredit</li> </ul>
Mode of Delivery:	<ul style="list-style-type: none"> <li>In-Person</li> <li>Remote</li> <li>Hybrid</li> </ul>
Author:	<ul style="list-style-type: none"> <li>Barbara Flynn</li> <li>Perner, Kimberli</li> </ul>
Course Family:	No value

#### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"> <li>Parent Education: Non-Credit</li> </ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

### Last Course Offering

**When was this course last offered (term and year)?**

No Value

### Course Development

**Basic Skill Status (CB08)**

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

**Course Special Class Status (CB13)**

Course is not a special class.

**Pre-Collegiate Level (CB21)**

Not applicable.

**Grading Basis**

- Pass / No-Pass Only

**Course Support Course Status (CB26)**

Course is not a support course

### General Education and C-ID

**General Education Status (CB25)**

Not Applicable

**Transferability**

Not transferable

**Transferability Status**

Not transferable

### Units and Hours

#### Summary

**Minimum Credit Units (CB07)** 0

**Maximum Credit Units (CB06)** 0

**Total Course In-Class (Contact) Hours** 12 - 32

**Total Course Out-of-Class Hours** 0 - 0

**Total Student Learning Hours** 12 - 32

#### Credit / Non-Credit Options

**Course Type (CB04)**

Non-Credit

**Noncredit Course Category (CB22)**

Parenting.

**Noncredit Special Characteristics**

No Value

**Course Classification Code (CB11)**

Non Enhanced Funding.

**Funding Agency Category (CB23)**

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Variable Credit Course

### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	12 - 32	0
Laboratory Hours	0	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	12 - 32
Laboratory	0
Studio	0
<b>Total</b>	12 - 32
<b>Course Out-of-Class Hours</b>	
Lecture	0
Laboratory	0
Studio	0
<b>Total</b>	0

### Time Commitment Notes for Students

Students should expect to spend two hours per week engaging with the course materials and live sessions. Additional outside of class hours completing observations will be encouraged.

### Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

### Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

No Value

### Entry Standards

Entry Standards	Description
No value	No value

### Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

## Requisite Validation

### Upload Statistical Validation and/or other documents (if necessary)

No Value

## Specifications

### Methods of Instruction

Methods of Instruction	Demonstrations
Methods of Instruction	Discussion
Methods of Instruction	Field Activities (Trips)
Methods of Instruction	Independent Study
Methods of Instruction	Lecture
Methods of Instruction	Laboratory
Methods of Instruction	Multimedia
Methods of Instruction	Guest Speakers

### Out of Class Assignments

- Planning an age-appropriate creative activity

- Planning an age-appropriate nutritious snack
- Documenting developmental observations

**Methods of Evaluation**

**Rationale**

Activity (answering journal prompt, group activity)

Participation in group discussion

Activity (answering journal prompt, group activity)

Student demonstration (e.g. age appropriate creative activity)

Activity (answering journal prompt, group activity)

Student demonstration (e.g. age appropriate nutritious snack)

Activity (answering journal prompt, group activity)

Observation worksheets.

**Textbook Rationale**

No Value

**Textbooks**

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

**Other Instructional Materials (i.e. OER, handouts)**

<b>Description</b>	Instructor generated resources designed to enhance student understanding of course content.
<b>Author</b>	No value
<b>Citation</b>	No value
<b>Online Resource(s)</b>	No value

<b>Description</b>	Duplicated resources from books and periodicals with copyright permissions.
<b>Author</b>	No value
<b>Citation</b>	No value
<b>Online Resource(s)</b>	No value

**Learning Outcomes**

**Course Objectives**

Observe and record the infant, toddler, or preschool child’s development in an educationally-enriched environment.

Examine existing parent education and child development theories.

Develop and practice effective parenting and decision-making skills.

Utilize self-reflection to examine typical parent-child situations and how to cope with them.

Identify community resources and support networks.

Discuss behavior management practices, especially identifying the difference between discipline and punishment.

Examine, without bias, cultural differences and influences on childcare practices.

Differentiate characteristics of typical and atypical development.

**SLOs**

**Practice age-appropriate behavior management techniques.**

Expected Outcome Performance: 70.0

*ILOs*      Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.  
 Core ILOs

*PARED*      Examine and apply principles of effective parenting and child development within their own families.  
 Core  
 PLOs

**Identify age-specific social, emotional, physical, or cognitive developmental characteristics.**

Expected Outcome Performance: 70.0

*ILOs*      Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.  
 Core ILOs

*PARED*      Examine and apply principles of effective parenting and child development within their own families.  
 Core  
 PLOs

**Additional SLO Information**

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

### Lecture Content

#### Introduction and Orientation (1-2 hours)

- Course orientation with emphasis on valuing diverse parenting approaches
- Philosophy, goals, and objectives
- Class organization
- Supervision and safety in the indoor and outdoor classrooms
- Class assistant's duties and responsibilities
- Values and uses of various equipment, materials, and library books
- Introduction to the student association (GCPEA)
- Responsibilities of participation in the class
- Observation and recording
- Observing as a method of inquiry
- Types of recording worksheets
- Evaluation and use of Observation Records

#### Principles of Child Growth and Development (4-9 hours)

- Characteristics of children in specific age groups
- Temperament and individual differences
- Interrelation of developmental factors
- Cultural variations in developmental milestones and expectations
- Physical development
- Cognitive development
- Emotional development
- Identification of feelings
- Development of empathy
- Attachment and bonding
- Fears and anxieties
- Social development
- Importance of play for optimal development
- Attitudes and methods to promote sharing and delayed gratification
- Aggressive behaviors in early childhood
- Father's role in facilitating learning experiences
- Overview of child development theories
- How theory affects child rearing practice

#### Dynamics of Family Interaction (1-2 hours)

- Myths and realities of parenthood
  - Different cultural models of family structure
- Adjusting to fatherhood
- Exploration of differing cultural beliefs about a father's role in child rearing
- Stages of parent development
- Changing family patterns
- Family relations
- Navigating multicultural identities

#### Discipline and Setting Limits (3-10 hours)

- Definition of discipline vs. punishment

- Purpose and consistency
- Parental and caregiver attitudes and historical and cultural influences
- Adapting discipline strategies for children with different needs
- Age-appropriate techniques
- Sleep issues
- Definition, recognition, and prevention of child abuse/domestic violence
- Cultural approaches and perspectives to behavior management including differing fathering roles
- Fostering responsibility

#### **Dealing with Life Events (1-3 hours)**

- Birth, reproduction, sexuality
- Effects of death, grief, serious illness, and loss on family/child development
- Divorce and single parenting, remarriage and blended families
- Employment issues (returning to work/job loss)
- Cultural perspectives on work-life balance
- Evaluating childcare options
- Father's role in preparation for preschool or Kindergarten

#### **Health and Nutrition (1-3 hours)**

- Childhood illness/immunizations
- Cultural food practices, nutrition, and eating behaviors within diverse families
- Promotion of health and hygiene
- Toilet training techniques and issues
- Mental health
- Community resources for healthy families

#### **Safety (1-3 hours)**

- Home and community safety
- Automobile safety
- Accident and poison prevention
- Disaster preparedness
- Accessibility considerations for all families

**Total Hours=12-32**

#### **Laboratory/Studio Content**

No value

#### **Additional Information**

##### **Repeatability**

Repeatable

##### **Justification (if repeatable was chosen above)**

Non-credit courses

##### **Is it possible this course will have a material fee?**

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No

**What term(s) will this course be offered?**

Fall/Winter/Spring/Summer

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value