

# Glendale College Course Outline of Record Report

Course ID 000232  
Cyclical Review - May 2025

## PARED21 : Two or Three-Year-Olds Care and Observation

### General Information

<b>Author:</b>	<ul style="list-style-type: none"> <li>• Kimberli Perner</li> <li>• Flynn, Barbara</li> <li>• Dilucchio, Jane</li> </ul>
<b>Course Code (CB01) :</b>	PARED21
<b>Course Title (CB02) :</b>	Two or Three-Year-Olds Care and Observation
<b>Department:</b>	PARED
<b>Proposal Start:</b>	Winter 2026
<b>TOP Code (CB03) :</b>	(1305.60) Parenting and Family Education
<b>CIP Code:</b>	(19.0707) Family and Community Services.
<b>SAM Code (CB09) :</b>	D -Possibly Occupational
<b>Distance Education Approved:</b>	No
<b>Will this course be taught asynchronously?:</b>	No
<b>Course Control Number (CB00) :</b>	CCC000657805
<b>Curriculum Committee Approval Date:</b>	05/28/2025
<b>Board of Trustees Approval Date:</b>	07/08/2025
<b>Last Cyclical Review Date:</b>	05/28/2025
<b>Course Description and Course Note:</b>	PARED 21 is an introduction to parenting, caregiving, and an exploration of child growth and development through observation and interaction with two- and three-year-old children. Students gain a basic knowledge of developmental theories, the physical, cognitive, social, and emotional stages of development, effective communication, behavior management, and positive guidance. Caregivers and parents may attend class with one or more children of the designated age. Lecture 18-48 hours. Note: This course is Pass/ No Pass only.
<b>Justification:</b>	Mandatory Revision
<b>Academic Career:</b>	<ul style="list-style-type: none"> <li>• Noncredit</li> </ul>
<b>Mode of Delivery:</b>	<ul style="list-style-type: none"> <li>• In-Person</li> <li>• Remote</li> <li>• Hybrid</li> </ul>
<b>Author:</b>	<ul style="list-style-type: none"> <li>• Kimberli Perner</li> <li>• Flynn, Barbara</li> </ul>
<b>Course Family:</b>	No value

### Academic Senate Discipline

<b>Primary Discipline:</b>	<ul style="list-style-type: none"> <li>• Parent Education: Non-Credit</li> </ul>
<b>Alternate Discipline:</b>	No value
<b>Alternate Discipline:</b>	No value

### Last Course Offering

**When was this course last offered (term and year)?**

Spring 2025

### Course Development

**Basic Skill Status (CB08)**

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

**Course Special Class Status (CB13)**

Course is not a special class.

**Pre-Collegiate Level (CB21)**

Not applicable.

**Grading Basis**

- Pass / No-Pass Only

**Course Support Course Status (CB26)**

No value

### General Education and C-ID

**General Education Status (CB25)**

Not Applicable

**Transferability**

Not transferable

**Transferability Status**

Not transferable

### Units and Hours

#### Summary

<b>Minimum Credit Units (CB07)</b>	0
<b>Maximum Credit Units (CB06)</b>	0
<b>Total Course In-Class (Contact) Hours</b>	18 - 48
<b>Total Course Out-of-Class Hours</b>	0 - 0
<b>Total Student Learning Hours</b>	18 - 48

#### Credit / Non-Credit Options

**Course Type (CB04)**

Non-Credit

**Noncredit Course Category (CB22)**

Parenting.

**Noncredit Special Characteristics**

No Value

**Course Classification Code (CB11)**

**Funding Agency Category (CB23)**

Non-Enhanced Funding.

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Variable Credit Course

**Weekly Student Hours**

	In Class	Out of Class
Lecture Hours	18 - 48	0
Laboratory Hours	0	0
Studio Hours	0	0

**Course Student Hours**

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	18 - 48
Laboratory	0
Studio	0
<b>Total</b>	18 - 48
<b>Course Out-of-Class Hours</b>	
Lecture	0
Laboratory	0
Studio	0
<b>Total</b>	0

**Time Commitment Notes for Students**

Students should expect to spend three hours per week engaging with the course materials and live sessions. Additional outside of class hours completing observations will be encouraged.

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation**

No Value

**Entry Standards**

Entry Standards	Description
No value	No value

**Course Limitations**

Cross Listed or Equivalent Course

Description

No value

No value

**Requisite Validation****Upload Statistical Validation and/or other documents (if necessary)**

No Value

**Specifications****Methods of Instruction**

Methods of Instruction

Lecture

Methods of Instruction

Laboratory

Methods of Instruction

Demonstrations

Methods of Instruction

Discussion

Methods of Instruction

Field Activities (Trips)

Methods of Instruction

Multimedia

Methods of Instruction

Independent Study

Methods of Instruction

Guest Speakers

**Out of Class Assignments**

- Planning an age appropriate creative activities
- Planning an age appropriate nutritious snack
- Documenting developmental observations

**Methods of Evaluation**

**Rationale**

Activity (answering journal prompt, group activity)

Group discussions

Activity (answering journal prompt, group activity)

Observation worksheets

Activity (answering journal prompt, group activity)

Student demonstrations (e.g. age-appropriate creative activity)

Activity (answering journal prompt, group activity)

Student demonstrations (e.g. age-appropriate nutritious snack)

**Textbook Rationale**

No required textbook.

**Textbooks**

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

**Other Instructional Materials (i.e. OER, handouts)**

**Description** Instructor generated materials designed to enhance student understanding of course content.  
**Author** No value  
**Citation** No value  
**Online Resource(s)** No value

**Description** Duplicated articles from books and periodicals with copyright permission.  
**Author** No value  
**Citation** No value  
**Online Resource(s)** No value

**Description** A variety of multimedia resources including videos, educational and government websites, apps.  
**Author** No value  
**Citation** No value  
**Online Resource(s)** No value

## Learning Outcomes

### Course Objectives

Observe and record the two- or three-year-old child’s development in an educationally-enriched environment.

Examine existing parent education and child development theories.

Develop and practice effective parenting and caregiving decision-making skills.

Utilize self-reflection to examine typical parent or caregiver-child situations and how to cope with them.

Discuss behavior management practices especially identifying the difference between discipline and punishment.

Examine the pros and cons of various toilet training techniques,

Examine, without bias, cultural differences and influences on childcare practices.

Differentiate characteristics of typical and atypical development

### SLOs

**Practice an age-appropriate behavior management technique.**

Expected Outcome Performance: 70.0

*ILOs* Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.  
 Core ILOs

*PARED* Examine and apply principles of effective parenting and child development within their own families.  
 Core  
 PLOs

**Identify age-specific social, emotional, physical, or cognitive developmental characteristics.**

Expected Outcome Performance: 70.0

*ILOs* Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.  
 Core ILOs

*PARED* Examine and apply principles of effective parenting and child development within their own families.  
 Core  
 PLOs

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

### Lecture Content

#### Introduction and Orientation (1-3 hours)

- Course orientation with emphasis on valuing diverse parenting approaches
- Philosophy, goals, and objectives
- Class organization
- Supervision and safety in the indoor and outdoor classrooms
- Class assistant's duties and responsibilities
- Values and uses of various equipment, materials, and library books
- Introduction to the student association (GCPEA)
- Responsibilities of participation in the class
- Observation and recording
- Observing as a method of inquiry
- Types of recording worksheets
- Evaluation and use of Observation Records

#### Principles of Child Growth and Development (5-17 hours)

- Characteristics of children in specific age groups
- Temperament and individual differences
- Interrelation of developmental factors
- Cultural variations in developmental milestones and expectations
- Physical development
- Cognitive development
- Screen time
- Emotional development
- Identification of feelings
- Development of empathy
- Attachment and bonding
- Fears and anxieties
- Social development
- Importance of play for optimal development
- Attitudes and method to promote sharing and delayed gratification
- Aggressive behaviors in early childhood
- Parent's/caregiver's role in facilitating learning experiences
- Overview of child development theories

- How theory affects child rearing practice

**Dynamics of Family Interaction (1-3 hours)**

- Myths and realities of parenthood
  - Different cultural models of family structure
- Adjusting to parenthood
- Stages of parent development
- Changing family patterns
- Family relations
- Navigating multicultural identities

**Discipline and Setting Limits (5-10 hours)**

- Definition of discipline vs. punishment
- Purpose and consistency
- Parental and caregiver attitudes and historical and cultural influences
- Adapting discipline strategies for children with different needs
- Age-appropriate techniques
- Sleep issues
- Definition, recognition, and prevention of child abuse/domestic violence
- Cultural approaches and perspectives to behavior management
- Fostering responsibility

**Dealing with Life Events (2-6 hours)**

- Birth, reproduction, sexuality
- Effects of death, grief, serious illness, and loss on family/child development
- Divorce and single parenting, remarriage and blended families
- Employment issues (returning to work/job loss)
- Cultural perspectives on work-life balance
- Evaluating child care options
- Preparation for preschool

**Health and Nutrition (2-5 hours)**

- Childhood illness/immunizations
- Cultural food practices, nutrition, and eating behaviors within diverse families
- Promotion of health and hygiene
- Toilet training techniques and issues
- Mental health
- Community resources for healthy families

**Safety (2-4 hours)**

- Home and community safety
- Automobile safety
- Accident and poison prevention
- Disaster preparedness
- Accessibility considerations for all families

**Total Hours = 18-48**

**Additional Information****Repeatability**

Repeatable

**Justification (if repeatable was chosen above)**

Non-credit courses

**Is it possible this course will have a material fee?**

No

**I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):**

No

**What term(s) will this course be offered?**

Fall/Winter/Spring/Summer

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value