

Glendale College Course Outline of Record Report

Course ID 000227
Cyclical Review - May 2025

PARED10 : Infant Care and Observation 1

General Information

Author:	<ul style="list-style-type: none"> Barbara Flynn Perner, Kimberli
Course Code (CB01) :	PARED10
Course Title (CB02) :	Infant Care and Observation 1
Department:	PARED
Proposal Start:	Winter 2026
TOP Code (CB03) :	(1305.60) Parenting and Family Education*
CIP Code:	(19.0707) Family and Community Services.
SAM Code (CB09) :	D - Possibly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000657798
Curriculum Committee Approval Date:	05/28/2025
Board of Trustees Approval Date:	07/08/2025
Last Cyclical Review Date:	05/28/2025
Course Description and Course Note:	<p>PARED 10 is an introduction to parenting, caregiving, and an exploration of child growth and development through observation and interaction with children from 0-8 months of age. Students gain a basic knowledge of developmental theories, the physical, cognitive, social, and emotional stages of development, caregiver/infant bonding, and effective communication. Caregivers and parents may attend class with one or more children of the designated age. Lecture 12-32 hours. Note: This course is Pass/No Pass only.</p>
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"> Noncredit
Mode of Delivery:	<ul style="list-style-type: none"> In-Person Remote Hybrid
Author:	<ul style="list-style-type: none"> Barbara Flynn Perner, Kimberli
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"> Parent Education: Non-Credit
Alternate Discipline:	No value
Alternate Discipline:	No value

Last Course Offering

When was this course last offered (term and year)?

Spring 2025

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Pass / No-Pass Only

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Not transferable

Transferability Status

Not transferable

Units and Hours

Summary

Minimum Credit Units (CB07) 0

Maximum Credit Units (CB06) 0

Total Course In-Class (Contact) Hours 12 - 32

Total Course Out-of-Class Hours 0 - 0

Total Student Learning Hours 12 - 32

Credit / Non-Credit Options

Course Type (CB04)

Non-Credit

Noncredit Course Category (CB22)

Parenting.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Non-Enhanced Funding.

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Variable Credit Course

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	12 - 32	0
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	54
Course In-Class (Contact) Hours	
Lecture	12 - 32
Laboratory	0
Studio	0
Total	12 - 32
Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Studio	0
Total	0

Time Commitment Notes for Students

Students should expect to spend approximately two hours per week engaging with the course materials and live sessions. Additional outside of class hours completing observations will be encouraged.

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

No Value

Entry Standards

Entry Standards	Description
No value	No value

Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

Requisite Validation

Upload Statistical Validation and/or other documents (if necessary)

No Value

Specifications

Methods of Instruction

Methods of Instruction	Lecture
Methods of Instruction	Discussion
Methods of Instruction	Demonstrations
Methods of Instruction	Laboratory
Methods of Instruction	Field Activities (Trips)
Methods of Instruction	Multimedia
Methods of Instruction	Independent Study

Out of Class Assignments

- Plan age-appropriate music or reading activities
- Plan age-appropriate creative activities
- Document developmental observations

Methods of Evaluation	Rationale
Activity (answering journal prompt, group activity)	Group discussions
Activity (answering journal prompt, group activity)	Student demonstration (e.g. age-appropriate music or reading activity or family oriented creative activity)
Activity (answering journal prompt, group activity)	Observation Worksheets

Textbook Rationale
No required textbooks.

Textbooks				
Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)

Description	Instructor generated materials designed to enhance student understanding of course content related to Infant development and care.
Author	No value
Citation	No value
Online Resource(s)	No value
Description	Duplicated articles from books and periodicals with copyright permission.
Author	No value
Citation	No value
Online Resource(s)	No value
Description	A variety of multimedia resources including videos, educational and government websites and apps.
Author	No value
Citation	No value
Online Resource(s)	No value

Learning Outcomes

Course Objectives

Observe and record infant development in an educationally-enriched environment.

Examine existing parent education and child development theories.

Develop and practice effective parenting and decision-making skills.

Utilize self-reflection to examine typical caregiver/parent-child situations and how to cope with them.

Identify community resources.

Differentiate characteristics of typical and atypical development.

Discuss a variety of age-appropriate behavior management practices including identifying the difference between discipline and punishment.

Examine, without bias, cultural differences and influences on child-care practices.

SLOs

Demonstrate how to minimize the risk of potential age-specific safety hazards.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
 Core *ILOs*

PARED Examine and apply principles of effective parenting and child development within their own families.
 Core
 PLOs

Explain age-specific social, emotional, physical, or cognitive developmental characteristics.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
 Core
 ILOs

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Introduction and Orientation (1-3 hours)

- Philosophy, goals, and objectives
- Class organization
- Supervision and safety on campus
- Class assistant's duties and responsibilities
- Values and uses of various equipment, materials, and library books
- Introduction to the student association (GCPEA)
- Responsibilities of participation in the class
- Observation and recording
- Observing as a method of inquiry
- Types of recording worksheets
- Evaluation and use of Observation Records

Principles of Child Growth and Development (3-10 hours)

- Characteristics of children in specific age groups
- Temperament and individual differences
- Interrelation of developmental factors
- Physical development
- Emotional development
- Identification of feelings
- Development of empathy
- Attachment and bonding
- Fears and anxieties
- Social development
- Intellectual development
- Caregiver's/parent's role in facilitating learning experiences
- Overview of child development theories
- How theory affects child rearing practice

Dynamics of Family Interaction (1-2 hours)

- Myths and realities of parenthood
- Adjusting to parenthood
- Stages of parent development
- Changing family patterns
- Family relations with caregivers

Discipline and Setting Limits (3 -5 hours)

- Definition of discipline vs. punishment

- Purpose and consistency
- Caregiver/parent attitudes and historical and cultural influences
- Age-appropriate techniques
- Sleep issues
- Definition, recognition, and prevention of child abuse/domestic violence

Dealing with Life Events (1-5 hours)

- Birth, reproduction, sexuality
- Effect of serious illness, death, grief, and loss on family and child development
- Divorce, single parenting, remarriage, and blended families
- Employment issues (returning to work/job loss)
- Evaluating childcare options
- Balancing work and family

Family Health (1-4 hours)

- Childhood illness/immunizations
- Promotion of health and hygiene
- Nutrition and eating behaviors
- Mental health

Safety (2-3 hours)

- Home and community safety
- Automobile safety
- Accident and poison prevention
- Disaster preparedness

Total Hours = 12-32

Additional Information

Repeatability

Repeatable

Justification (if repeatable was chosen above)

Non-credit courses

Is it possible this course will have a material fee?

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liaisons>):

No

What term(s) will this course be offered?

Fall/Winter/Spring/Summer

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value

