

Glendale College

Course Outline of Record Report

Course ID 003091
Cyclical Review - March 2025

PE275 : Volleyball II

General Information

Author:	• Erin Calderone
Attachments:	DE Addendum_PE_275_COR_3:11:25_CoDE_5:27:25.pdf
Course Code (CB01) :	PE275
Course Title (CB02) :	Volleyball II
Department:	PE
Proposal Start:	Spring 2026
TOP Code (CB03) :	(0835.00) Physical Education
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	E - Non-Occupational
Distance Education Approved:	Yes
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000558122
Curriculum Committee Approval Date:	03/26/2025
Board of Trustees Approval Date:	06/17/2025
Last Cyclical Review Date:	03/26/2025
Course Description and Course Note:	PE 275 builds upon the application of basic volleyball skills, team play, and offensive and defensive fundamentals learned in PE 274. Students practice and refine volleyball skills, and apply rules, etiquette, and team strategies to game-play.
Justification:	Mandatory Revision
Academic Career:	• Credit
Mode of Delivery:	• In-Person
Author:	No value
Course Family:	Volleyball

Academic Senate Discipline

Primary Discipline:	• Physical Education
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Grade with Pass / No-Pass Option

Course Support Course Status (CB26)

Course is not a support course

Program Status

Course Program Status (CB24)

Associated Program

Award Type

Active

Kinesiology (AA-T)

AA-T Degree

Winter 2026

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

GCC General Education Requirements

Area

Status

Approval Date

Comparable Course

Area 8: Lifelong Learning

Lifelong Learning

Approved

09/02/2025

No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)

1

Maximum Credit Units (CB06)

1

Total Course In-Class (Contact Hours)

54

Total Course Out-of-Class Hours

0

Total Student Learning Hours

54

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education

Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	3	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	0
Laboratory	54
Studio	0
Total	54
Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Studio	0
Total	0

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

Prerequisite

PE274 - Volleyball I

Entry Standards

Entry Standards	Description
No value	No value

Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

Specifications**Methods of Instruction**

Methods of Instruction	Lecture
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Methods of Instruction	Laboratory
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Methods of Instruction	Discussion
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Methods of Instruction	Multimedia
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Methods of Instruction	Demonstrations
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Out of Class Assignments

- Critique (e.g. watch a volleyball match on television and write a summary of team defense using volleyball terminology)
- Essay (e.g. attend a volleyball match and write an overview including offensive and defensive systems played)

Methods of Evaluation**Description of Activity/Interaction**

Other	Skill-based testing (e.g. passing drill using proper technique)
Activity (answering journal prompt, group activity)	Group work (e.g. developing a team using positions)

Exam/Quiz/Test	Written midterm examination
Exam/Quiz/Test	Written final examination
Other	Participate in scrimmages

Textbook Rationale
No Value

Textbooks				
Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)

Description	FIVB Official Volleyball Rules 2025-2028
Author	Federation Internationale De Volleyball
Citation	No value
Online Resource(s)	https://www.fivb.com/wp-content/uploads/2025/01/FIVB-Volleyball_Rules2025_2028-EN-v05.pdf

Learning Outcomes
Course Objectives
Explain and apply the rules and regulations of volleyball.
Demonstrate proper intermediate techniques used for volleyball such as passing, setting, and attacking.
Engage in varied game-like situations and utilize offensive and defensive techniques and strategies.
Summarize and explain team and individual performances after drills and games.
Increase fitness and coordination through practice and game drills.
Identify the dynamics of team communication.

SLOs

Improve footwork skills through drills and practice.	Expected Outcome Performance: 70.0
Demonstrate movement patterns based on game situations and team competition.	Expected Outcome Performance: 70.0
Demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment.	Expected Outcome Performance: 70.0

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content**Lecture Content**

No value

Laboratory/Studio Content**Safety Procedures, Set-Up, and Breakdown (4 hours)**

- Creating a safe environment
- Active warm-up
- Setting up the court
- Breaking down the court
- Cool-down

Rules, Regulations and Terminology at the Intermediate Level (6 hours)

- Rules: Federal International Volleyball (FIVB)
- Rules: National Collegiate Athletic Association (NCAA)

Intermediate Fundamental Skills of Volleyball (18 hours)

- Passing form and knowledge
- Setting selection
- Serving and serving locations
- Attacking, shots, and area attacking
- Blocking strategies
- Defensive digs and run-throughs

Intermediate Team Concepts for Volleyball (18 hours)

- Offensive attacking by position
- Team offensive systems
- Team blocking schemes

- Team defensive systems
- 6 position serving areas
- Rotations with positions
- Serve Receive concepts

Physical Development and Conditioning (4 hours)

- Physical endurance through drills
- Plyometric warm-ups
- Core conditioning

Team Development (4 hours)

- Communication
- Forming teams
- Teamwork

Total hours: 54

Additional Information

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Is it possible this course will have a material fee?

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liaisons>):

No

What term(s) will this course be offered?

Fall/Spring

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liason?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liason?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value