

Glendale College  
**Course Outline of Record Report**

Course ID 010223  
 Cyclical Review - March 2025

## PE240 : Soccer III

### General Information

Author:	• Erin Calderone
Course Code (CB01) :	PE240
Course Title (CB02) :	Soccer III
Department:	PE
Proposal Start:	Spring 2026
TOP Code (CB03) :	(0835.00) Physical Education
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	E - Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000561235
Curriculum Committee Approval Date:	03/26/2025
Board of Trustees Approval Date:	06/17/2025
Last Cyclical Review Date:	03/26/2025
Course Description and Course Note:	PE 240 builds on skills and concepts in PE 239 and introduces advanced concepts of soccer in a recreational environment. Students develop proficiency in skills, strategy, teamwork, and communication, while practicing for advanced competitive game play.
Justification:	Mandatory Revision
Academic Career:	• Credit
Mode of Delivery:	• In-Person
Author:	No value
Course Family:	Soccer/Football

### Academic Senate Discipline

Primary Discipline:	• Physical Education
Alternate Discipline:	No value
Alternate Discipline:	No value

### Course Development

**Basic Skill Status (CB08)**

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

**Course Special Class Status (CB13)**

Course is not a special class.

**Pre-Collegiate Level (CB21)**

Not applicable.

**Grading Basis**

- Grade with Pass / No-Pass Option

**Course Support Course Status (CB26)**

Course is not a support course

### Program Status

Course Program Status (CB24)

**Associated Program**

No value

**Award Type**

No value

Active

### General Education and C-ID

**General Education Status (CB25)**

Not Applicable

**Transferability**

Transferable to both UC and CSU

**Transferability Status**

Approved

**GCC General Education Requirements**

Area 8: Lifelong Learning

**Area**

Lifelong Learning

**Status**

Approved

**Approval Date**

09/02/2025

**Comparable Course**

No Comparable Course defined.

### Units and Hours

**Summary**

**Minimum Credit Units (CB07)** 1

**Maximum Credit Units (CB06)** 1

**Total Course In-Class (Contact Hours)** 54

**Total Course Out-of-Class Hours** 0

**Total Student Learning Hours** 54

**Credit / Non-Credit Options**

**Course Type (CB04)**

Credit - Degree Applicable

**Noncredit Course Category (CB22)**

Credit Course.

**Noncredit Special Characteristics**

No Value

**Course Classification Code (CB11)**

Credit Course.

Variable Credit Course

**Funding Agency Category (CB23)**

Not Applicable.

Cooperative Work Experience Education Status (CB10)

**Weekly Student Hours**

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	3	0
Studio Hours	0	0

**Course Student Hours**

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	0
<b>Course In-Class (Contact) Hours</b>	
Lecture	0
Laboratory	54
Studio	0
<b>Total</b>	54
<b>Course Out-of-Class Hours</b>	
Lecture	0
Laboratory	0
Studio	0
<b>Total</b>	0

**Time Commitment Notes for Students**

No value

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation**

**Prerequisite**

PE239 - Soccer II

**Entry Standards**

Entry Standards	Description
No value	No value

**Course Limitations**

Cross Listed or Equivalent Course	Description
No value	No value

**Specifications****Methods of Instruction**

Methods of Instruction	Lecture
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Methods of Instruction	Laboratory
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Methods of Instruction	Discussion
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Methods of Instruction	Multimedia
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Methods of Instruction	Demonstrations
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**Out of Class Assignments**

- Critique (e.g. watch film and write an analysis which breaks down offensive and defensive soccer plays)
- Individual project (e.g. develop a practice plan for a youth soccer team and implement the plan in class)

**Methods of Evaluation****Description of Activity/Interaction**

Activity (answering journal prompt, group activity)	Demonstration of skills
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Exam/Quiz/Test	Written assignments
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Presentation (group or individual)	Group participation in a scrimmage
Exam/Quiz/Test	Final exam on offensive and defensive systems

**Textbook Rationale**

No Value

**Textbooks**

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

**Other Instructional Materials (i.e. OER, handouts)**

<b>Description</b>	IFAB Laws of the Game 24/25
<b>Author</b>	International Football Association Board
<b>Citation</b>	No value
<b>Online Resource(s)</b>	<a href="https://downloads.theifab.com/downloads/laws-of-the-game-2024-25?!=en">https://downloads.theifab.com/downloads/laws-of-the-game-2024-25?!=en</a>

<b>Description</b>	NCAA 2024 and 2025 Soccer Rules
<b>Author</b>	National Collegiate Athletics Association
<b>Citation</b>	No value
<b>Online Resource(s)</b>	<a href="https://www.ncaapublications.com/p-4692-2024-and-2025-soccer-rules.aspx">https://www.ncaapublications.com/p-4692-2024-and-2025-soccer-rules.aspx</a>

**Learning Outcomes**

**Course Objectives**

Apply and demonstrate knowledge about the rules and regulations of the game of soccer.

Demonstrate advanced fundamental techniques used for soccer.

Compete in game-like situations and analyze offensive and defensive techniques and strategies.

Assess strengths and weaknesses of individual and team performance to refine individual and group skills.

Increase fitness and coordination through game drills and competition.

Utilize verbal communication necessary for effective team work and team competitions.

## SLOs

Describe positional team play and team dynamics. Expected Outcome Performance: 70.0

Develop and apply advanced soccer skills through individual and team practice. Expected Outcome Performance: 70.0

Integrate cooperative skills needed to perform at a high level of play. Expected Outcome Performance: 70.0

demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment. Expected Outcome Performance: 70.0

*ILOs* Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate  
Core creativity that leads to innovative ideas.  
*ILOs*

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*PE* Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities  
Core  
*PLOs*

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

**Lecture Content**

No value

**Laboratory/Studio Content**

**Safety Procedures, Set-Up, and Breakdown (4 hours)**

- Creating a safe environment

- Active warm-up/dynamic stretches
- Setting up the soccer field
- Breaking down the soccer field
- Cool-down

#### **Rules, Regulations, and Terminology (4 hours)**

- Rules: Federation International Football Association (FIFA)
- Rules: National Collegiate Athletic Association (NCAA)

#### **Advanced Fundamental Skills for Soccer (12 hours)**

- Shooting techniques
- Passing techniques
- Dribbling techniques
- Trading techniques
- Heading techniques
- Goal keeping techniques
- Throw-ins
- Corner kicks
- Goal kicks

#### **Advanced Offensive Team Strategies for Soccer (12 hours)**

- Change of point of attack
- Corner kicking tactics
- Throw-in tactics
- Free kick tactics
- Kick off strategies
- Ball movement
- Spacing
  - With ball
  - Without ball

#### **Advanced Defensive Team Strategies for Soccer (13 hours)**

- Man to man defense
- Zone defense
- High pressure defense
- Low pressure defense

#### **Advanced Strategies for Teamwork (5 hours)**

- Effective communication
- Creating teams with captains
- Team goal setting

#### **Physical Development and Conditioning (4 hours)**

- Physical endurance through drills
- Plyometric warm-ups
- Core conditioning
- Sprint conditioning

**Total hours: 54**

### **Additional Information**

#### **Repeatability**

Not Repeatable

#### **Justification (if repeatable was chosen above)**

No Value

Is it possible this course will have a material fee?

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No

What term(s) will this course be offered?

Fall/Spring

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value

## Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value