

# Glendale College

## Course Outline of Record Report

Course ID 003076  
Cyclical Review - March 2025

### PE239 : Soccer II

#### General Information

Author:	• Erin Calderone
Course Code (CB01) :	PE239
Course Title (CB02) :	Soccer II
Department:	PE
Proposal Start:	Spring 2026
TOP Code (CB03) :	(0835.00) Physical Education
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	E - Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000559099
Curriculum Committee Approval Date:	03/26/2025
Board of Trustees Approval Date:	06/17/2025
Last Cyclical Review Date:	03/26/2025
Course Description and Course Note:	PE 239 offers instruction and practice in intermediate soccer techniques and team concepts in a recreational environment. This course builds upon the application of basic skills, team play, and offensive and defensive fundamentals learned in PE 238. Students practice soccer etiquette, discuss team strategies, and apply the rules and regulations of soccer to game situations.
Justification:	Mandatory Revision
Academic Career:	• Credit
Mode of Delivery:	• In-Person
Author:	No value
Course Family:	Soccer/Football

#### Academic Senate Discipline

Primary Discipline:	• Physical Education
Alternate Discipline:	No value
Alternate Discipline:	No value

### Course Development

**Basic Skill Status (CB08)**

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

**Course Special Class Status (CB13)**

Course is not a special class.

**Pre-Collegiate Level (CB21)**

Not applicable.

**Grading Basis**

- Grade with Pass / No-Pass Option

**Course Support Course Status (CB26)**

Course is not a support course

### Program Status

Course Program Status (CB24)

**Associated Program**

**Award Type**

**Active**

Kinesiology (AA-T)

AA-T Degree

Winter 2026

### General Education and C-ID

**General Education Status (CB25)**

Not Applicable

**Transferability**

Transferable to both UC and CSU

**Transferability Status**

Approved

**GCC General Education Requirements**

**Area**

**Status**

**Approval Date**

**Comparable Course**

Area 8: Lifelong Learning

Lifelong Learning

Approved

09/02/2025

No Comparable Course defined.

### Units and Hours

**Summary**

**Minimum Credit Units (CB07)** 1

**Maximum Credit Units (CB06)** 1

**Total Course In-Class (Contact Hours)** 54

**Total Course Out-of-Class Hours** 0

**Total Student Learning Hours** 54

**Credit / Non-Credit Options**

**Course Type (CB04)**

Credit - Degree Applicable

**Noncredit Course Category (CB22)**

Credit Course.

**Noncredit Special Characteristics**

No Value

**Course Classification Code (CB11)**

Credit Course.

Variable Credit Course

**Funding Agency Category (CB23)**

Not Applicable.

Cooperative Work Experience Education Status (CB10)

**Weekly Student Hours**

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	3	0
Studio Hours	0	0

**Course Student Hours**

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	0
<b>Course In-Class (Contact) Hours</b>	
Lecture	0
Laboratory	54
Studio	0
<b>Total</b>	54
<b>Course Out-of-Class Hours</b>	
Lecture	0
Laboratory	0
Studio	0
<b>Total</b>	0

**Time Commitment Notes for Students**

No value

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation**

**Prerequisite**

PE238 - Soccer I

**Entry Standards**

Entry Standards	Description
No value	No value

**Course Limitations**

Cross Listed or Equivalent Course	Description
No value	No value

**Specifications****Methods of Instruction**

Methods of Instruction	Lecture
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Methods of Instruction	Laboratory
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Methods of Instruction	Discussion
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Methods of Instruction	Multimedia
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Methods of Instruction	Demonstrations
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**Out of Class Assignments**

- Critique (e.g. watch a soccer game on television and write a summary of team defense/offense using soccer terminology)
- Essay (e.g. attend a soccer game and write an overview including offensive and defensive systems played)

**Methods of Evaluation****Description of Activity/Interaction**

Presentation (group or individual)	Skill-based testing (e.g. passing drill using proper technique)
Activity (answering journal prompt, group activity)	Group work (e.g. developing a team using positions)

Exam/Quiz/Test	Written midterm examination
Exam/Quiz/Test	Written final examination
Other	Participation in scrimmages

**Textbook Rationale**

No Value

**Textbooks**

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

**Other Instructional Materials (i.e. OER, handouts)**

<b>Description</b>	IFAB Laws of the Game 24/25
<b>Author</b>	International Football Association Board
<b>Citation</b>	No value
<b>Online Resource(s)</b>	<a href="https://downloads.theifab.com/downloads/laws-of-the-game-2024-25?l=en">https://downloads.theifab.com/downloads/laws-of-the-game-2024-25?l=en</a>

<b>Description</b>	NCAA 2024 and 2025 Soccer Rules
<b>Author</b>	National Collegiate Athletics Association
<b>Citation</b>	No value
<b>Online Resource(s)</b>	<a href="https://www.ncaapublications.com/p-4692-2024-and-2025-soccer-rules.aspx">https://www.ncaapublications.com/p-4692-2024-and-2025-soccer-rules.aspx</a>

**Learning Outcomes****Course Objectives**

Explain and apply the rules and regulations of soccer.

Demonstrate proper intermediate techniques used for soccer such as control techniques, passing, and kicking.

Engage in varied game-like situations and utilize offensive and defensive techniques and strategies.

Summarize and explain team and individual performances after drills and games.

Increase fitness and coordination through practice and game drills.

Discuss the dynamics of team communication.

#### SLOs

Demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment. Expected Outcome Performance: 70.0

Improve footwork skills through drills and practice. Expected Outcome Performance: 70.0

Demonstrate movement patterns based on game situations and team competition. Expected Outcome Performance: 70.0

### Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

### Course Content

#### Lecture Content

No value

#### Laboratory/Studio Content

##### Safety Procedures, Set-Up, and Breakdown (4 hours)

- Creating a safe environment
- Active warm-up
- Setting up the soccer field
- Breaking down the soccer field
- Cool-down

##### Rules, Regulations, and Terminology at the Intermediate Level (4 hours)

- Rules: Federation International Football Association (FIFA)
- Rules: National Collegiate Athletic Association (NCAA)

##### Intermediate Fundamental Skills of Soccer (20 hours)

- Dribbling
- Trapping

- Control techniques
- Passing and receiving
- Heading
- Throw-ins
- Free kicks
- Corner kicks
- Goal kicks

**Intermediate Team Concepts for Soccer (20 hours)**

- Offensive attacking by position
- Team offensive systems
- Team defensive systems
- Team concepts of free kicking
- Team concepts of corner kicking
- Kick-off strategies
- Throw-in strategies

**Physical Development and Conditioning (4 hours)**

- Physical endurance through drills
- Cardiovascular warm-ups
- Core conditioning

**Team Development (2 hours)**

- Communication
- Forming teams
- Teamwork

**Total hours: 54**

## Additional Information

**Repeatability**

Not Repeatable

**Justification (if repeatable was chosen above)**

No Value

**Is it possible this course will have a material fee?**

No

**I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):**

No

**What term(s) will this course be offered?**

Fall/Spring

**Will any additional resources be needed for this course? (Click all that apply)**

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value

## Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liason?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value