

**STV220 : Certified Nursing Aide - Theory**

General Information	
Author:	<ul style="list-style-type: none"> <li>Jane Dilucchio</li> <li>Perner, Kimberli</li> <li>Wilson, Kassandra</li> </ul>
Course Code (CB01) :	STV220
Course Title (CB02) :	Certified Nursing Aide - Theory
Department:	STV
Proposal Start:	Fall 2025
TOP Code (CB03) :	(1230.30) Certified Nurse Assistant
CIP Code:	(51.3902) Nursing Assistant/Aide and Patient Care Assistant/Aide.
SAM Code (CB09) :	C - Clearly Occupational
Distance Education Approved:	Yes
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000653877
Curriculum Committee Approval Date:	03/26/2025
Board of Trustees Approval Date:	06/17/2025
Last Cyclical Review Date:	04/10/2024
Course Description and Course Note:	STV 220 provides workforce preparation for basic nursing care in the direct care of patients in a variety of settings. This course focuses on physiology, patient care procedures, and requirements for record-keeping and reporting. Students who complete this course are qualified to take part in the Certified Nursing Assistant practicum (STV221). Lecture 64 hours. Note: This course is Pass/No Pass only.
Justification:	Content Change
Academic Career:	<ul style="list-style-type: none"> <li>Noncredit</li> </ul>
Mode of Delivery:	<ul style="list-style-type: none"> <li>In-Person</li> <li>Remote</li> </ul>
Author:	No value
Course Family:	No value

Academic Senate Discipline	
Primary Discipline:	<ul style="list-style-type: none"> <li>Health Care Ancillaries (Medical assisting, hospice worker, home care aide, certified nurse aide, health aide, ward clerk, central service technology, childbirth educator, primary care associate, massage therapy)</li> </ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development		
<b>Basic Skill Status (CB08)</b> Course is not a basic skills course.  <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	<b>Course Special Class Status (CB13)</b> Course is not a special class.  <b>Pre-Collegiate Level (CB21)</b> Not applicable.	<b>Grading Basis</b> <ul style="list-style-type: none"> <li>Pass / No-Pass Only</li> </ul> <b>Course Support Course Status (CB26)</b> Course is not a support course

General Education and C-ID	
<b>General Education Status (CB25)</b> Not Applicable	
<b>Transferability</b> Not transferable	<b>Transferability Status</b> Not transferable

## Units and Hours

### Summary

<b>Minimum Credit Units (CB07)</b>	0
<b>Maximum Credit Units (CB06)</b>	0
<b>Total Course In-Class (Contact Hours)</b>	64
<b>Total Course Out-of-Class Hours</b>	0
<b>Total Student Learning Hours</b>	64

### Credit / Non-Credit Options

<b>Course Type (CB04)</b>	<b>Noncredit Course Category (CB22)</b>	<b>Noncredit Special Characteristics</b>
Non-Credit	Short-Term Vocational.	No Value

<b>Course Classification Code (CB11)</b>	<b>Funding Agency Category (CB23)</b>	<input type="checkbox"/> Cooperative Work Experience Education Status (CB10)
Workforce Preparation Enhanced Funding.	This course was partially developed using Economic Development funds.	<input type="checkbox"/> Status (CB10)

Variable Credit Course

### Weekly Student Hours

	<b>In Class</b>	<b>Out of Class</b>
Lecture Hours	64	0
Laboratory Hours	0	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	64
Laboratory	0
Studio	0
<b>Total</b>	64
<b>Course Out-of-Class Hours</b>	
Lecture	0
Laboratory	0
Studio	0
<b>Total</b>	0

### Time Commitment Notes for Students

Hours for minimum lecture and clinical are dictated by the California Department of Public Health

## Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

## Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

### Prerequisite

Selection for enrollment in the Certified Nursing Aide Program (application and orientation are mandatory).

## Entry Standards

Entry Standards	Description
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Compute problems dealing with whole numbers, fractions, decimals, and percent.	No Value
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## Course Limitations

Cross Listed or Equivalent Course	Description
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No value	No value
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## Requisite Validation

**Upload Statistical Validation and/or other documents (if necessary)**

No Value

## Specifications

### Methods of Instruction

Methods of Instruction	Lecture
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Methods of Instruction	Discussion
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Methods of Instruction	Multimedia
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Methods of Instruction	Independent Study
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Methods of Instruction	Collaborative Learning
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Methods of Instruction	Demonstrations
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### Out of Class Assignments

N/A

### Methods of Evaluation

### Rationale

Activity (answering journal prompt, group activity)

Completion of skills checklists

Presentation (group or individual)

Observation and discussion of demonstrations

Exam/Quiz/Test

Cumulative course exam

### Textbook Rationale

The Workbook for Hartman's Nursing Assistant Care: the Basics (<https://glendale.elumenapp.com/elumen/page?actionMethod=to&page=%2Fjsp%2Fworkflow%2FworkflowWithChanges%2FworkflowWithChanges.jsp&jsonObjectId=cc2600a7-e6ee-40a4-a6f2-6ea31e7fc06d1696538270994&viewType=outline&fromUrl=https%3A%2F%2Fglendale.elumenapp.com%2Felumen%2Ftray%3FactionClass%3Dvieworg%26processType%3Dnavigate%26toRole%3DC%2526i%28Rep%26filterJson%26review-filters%29>) is the latest edition. As of now, later editions could not be found.

### Textbooks

Author	Title	Publisher	Date	ISBN
National Learning Corporation	Certified Nursing Assistant	Passbooks	2019	9781731864550
Jetta Lee Fuzy	Hartman's Nursing Assistant Care: the Basics	Hartman Publishing	2019	9781604251005
Hartman Publishing	Workbook for Hartman's Nursing Assistant Care: the Basics	Hartman Publishing	2014	9781604250510
Sheila A. Sorrentino PhD RN, Leighann Remmert MS RN	Mosby's Textbook for Nursing Assistants - Textbook and Workbook Package 10th Edition	Mosby	2020	978-0323763653
<b>Other Instructional Materials (i.e. OER, handouts)</b>				
No Value				

## Learning Outcomes

### Course Objectives

Communicate and interact therapeutically with residents and their families, with sensitivity to the physical, social, and mental needs of patients.

Assist patients in attaining maximum functional independence.

Protect, support and promote the rights of patients.

Demonstrate skill in observing, reporting and documentation.

Function effectively as a member of the health care team.

Apply the principles of infection control specific to nursing assisting.

### SLOs

**Perform nursing assistant procedures safely and effectively, including accurate measurement of vital signs, transfer techniques, bathing/grooming principles and feeding techniques.** Expected Outcome Performance: 75.0

*ILOs*  
Core ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

STV  
Certified Nursing Aide Certificate of Completion Perform nursing assistant procedures safely and effectively, including accurate measurement of vital signs, transfer techniques, bathing/grooming principles and feeding techniques.

**Identify and address the needs of clients undergoing various stages of care including long- term care, rehabilitative care, and the dying process.** Expected Outcome Performance: 75.0

*ILOs*  
Core ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

STV  
Certified Nursing Aide Certificate of Completion Identify and address the needs of clients undergoing various stages of care including long-term care, rehabilitative care, and dying process

### Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

### Lecture Content

#### Introduction to Certified Nursing (3 hours)

- Role and responsibilities of the Certified Nursing Assistant
- Title 22: State Regulations pertaining to Certified Nursing Assistant Programs
- Requirements for nurse assistant certification
- Professionalism
- Ethics and confidentiality

#### Patients' Rights (3 hours)

- Title 22 Health and Safety Code
- Code of Federal Regulations regarding
- Nurse Aide Training and Competency Evaluation
- Ombudsman
- CNA's role in monitoring patient/residents' rights
- Patient/residents' rights for security, belonging, self-esteem, and privacy

#### Communication and Interpersonal Skills (2 hours)

- Communications
- Defense mechanisms
- Socio-cultural factors
- Attitudes- illness/health care
- Family interaction
- Recognition and reporting of unmet needs
- Barriers to communication

#### Prevention and Management of Catastrophe and Unusual Occurrences (1 hour)

- Emergency Care Procedures
- General safety rules
- Fire and disaster plans
- Roles and procedures for C.N.A.
- Patient Safety

#### Body Mechanics (2 hours)

- Basic body mechanics
- Transfer techniques
- Ambulation techniques
- Proper body mechanics/positioning techniques

#### Medical and Surgical Asepsis (2 hours)

- Body's lines of defense
- Microorganisms
- Universal precautions
- Principals of asepsis

#### Weights and Measures (1 hour)

- Metric system
- Weight, length, and liquid volume measurements
- Military time, i.e., a 24-hour clock

#### Patient Care Skills (14 hours)

- Bathing/medicinal baths
- Dressing
- Oral Hygiene
- Hair care, shampoo, medicinal shampoo, nail care, shaving
- Prosthetic devices
- Skin care/decubitus ulcers
- Elimination needs
- Bowel and bladder retraining
- Weighing/measuring the patient

#### Patient Care Procedures (7 hours)

- Collection of specimens: stool, urine, and sputum
- Care of patient with tubing: gastric, oxygen, urinary, IV. This care does not include inserting, suctioning, or changing the tubes.
- Intake and output
- Bed making
- Cleansing enemas, laxative suppositories
- Admission, transfer, discharge
- Bandages, non-sterile dry dressing application of non-legend topical ointments to intact skin

#### Vital Signs (3 hours)

- Purpose of vital signs
- Factors affecting vital signs
- Normal ranges
- Methods of measurement
- Temperature, pulse, respiration
- Blood pressure
- Abnormalities
- Recording

#### Nutrition (2 hours)

- Proper nutrition
- Feeding technique
- Diet therapy
- Modification of diet due to culture and religion
- Alternative ways to administer nutrients

**Emergency Procedures (2 hours)**

- Signs and symptoms of distress
- Immediate and temporary intervention
- Emergency codes

**Long-term Care Resident (5 hours)**

- Needs of persons with retardation, Alzheimer's, cerebral palsy, epilepsy, dementia, mental illness
- Body systems and organs
- Physical and behavioral needs and changes
- Community resources available
- Psychological, social, and recreational needs
- Common diseases/disorders, including signs and symptoms

**Rehabilitative Nursing (2 hours)**

- Promoting patient potential and goals to independence
- Devices and equipment
- Activities of Daily Living (ADLs)
- Family interactions
- Complications of inactivity
- Ambulation
- Range of Motion (ROM)

**Observation and Charting (4 hours)**

- Observation of patients and reporting responsibilities
- Patient care plan
- Patient care documentation
- Legal issues of charting
- Medical terminology and abbreviations

**Death and Dying (2 hours)**

- Stages of grief
- Emotional and spiritual needs of patient and family
- Rights of dying patient
- Signs of approaching death
- Monitoring the patient
- Postmortem care

**Handling Abuse (6 hours)**

- Definition of
- Child abuse and neglect
- Elder abuse
- Emotional, mental, and physical
- Prevention
- Reporting

**Review and Make Up (3 hours)****Total hours: 64****Additional Information****Repeatability**

Repeatable

**Justification (if repeatable was chosen above)**

Non-credit courses

**Is it possible this course will have a material fee?**

No

**I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liaisons>):**

No

**What term(s) will this course be offered?**

Fall/Spring

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value